

**Colworth Striders  
Annual General Meeting  
2012**

**Bedford Arms, Souldrop  
Friday 10<sup>th</sup> February 2012**

**MINUTES**

**Present:**

Mark Tinkler: Chairman  
Trev Cook: Events Secretary  
Bill Shingleton: Minutes Secretary  
Tony Dadd: Treasurer  
Richard Piron: President  
Allan Davies: Vice President  
Malcolm Holmes: Vice President

Neil Loader, Emma Keller, Sam Windebank, Dave Sheffield, Stuart Marshall, Paul Stuart, Willie Young, Alan Wooten, Christelle Billon, Richard Beard, Mike Statham, Paul Stuart, Andy Hoddle, Giles Rigarlsford, Stuart Trevallion.

An excellent turn out! If I have missed someone, sorry, and be louder next time!

**Apologies:**

Andrew Evans, Kevin Shelton-Smith, Helen Woolley, Llorenc Mila-i-Canals,

**Minutes of the 2011 AGM**

These were accepted as a true record of the meeting,  
Proposed by Stuart and seconded by Allan.

**Chairman's Address**

Colworth Striders Chairman's Address AGM Friday 10th Feb 2012

Thank you all for attending this AGM

2011 has been another good year for the Striders with our events well supported : The Time Trial Handicap (thanks Trev for organising), Cross Country Race, Colworth Mile, Colworth 5 Relay, Colworth Triathlon - (Thanks Jon for organising)

We again entered an 8 man Relay Team (including Helen) in the Adidas 24 hour Thunder Run and managed to only finish one place down from last years effort despite the field more than doubling. Thanks to Tony, Dave, Stuart T,

Allan, Malc, Nick and Helen.

Also we successfully ran a team in the Round Norfolk Relay - there are some issues that we will cover from this - but thanks for a great weekend to those organizing and participating.

We sent a depleted squad to the Rotterdam Marathon in April and again enjoyed the hospitality from our Dutch colleagues. Helen and Christelle did 3-56 in Edinburgh and Brighton respectively. Emma did her first marathon in Berlin. They will all be featuring in Rotterdam this year.

Our new runners series of sessions were well supported resulting in a large number of them running in the Colworth 5 and out TT. Thanks to Andrew for organizing and to you all for your support in coaching and motivating our new runners.

The 10th Colworth Marathon Challenge Weekend was again well attended and exceptionally well organized. I won the coveted 'Golden Boot Award' as the fastest continuous competitor over the 10 years just holding off Oggie into 2nd place. Thanks to Andrew, Tony, Della, Trev, Bill, Mike, Willie, Neil, Dave, Cheryl, Chris Capps and Bedford Harriers for use of their kit and to everyone who help out over the weekend.

Yet again we raised an amazing amount for charity.

Mark Tinkler    Chairman Colworth Striders

### **Marathon Challenge Report.**

*"A quality event, everyone must try this!" Comment posted to the Runner's World website by a participant in the 2011 event.*

The 2011 Colworth 5 + Marathon Challenge Weekend proved to be another very successful event, with over 300 runners covering more than 6500 miles in pursuit of vitality and raising money for good causes. Following a long period of dry weather, the courses were in excellent condition, which together with the fantastic teamwork by everyone involved in the organisation resulted in a really enjoyable event and numerous positive comments being received. Particular thanks are owed to Tony, Trev, Bill, Neil, Dave, Paul, Willie, Mike, Mark, Della and Cheryl, together with an army of unsung heroes who ran the marshal and car stations, and set up the campsite. Everyone put in a load of work to make this a safe enjoyable and successful event. Thanks are also due to the Bedford Harriers for the continuing loan of equipment, to the Colworth pensioners and Rushden Scouts who staffed the car parks throughout the weekend. To all those who so generously gave their time, a huge thank-you.

Particular highlights were:

- The £7000 + raised for local good causes

- No significant injuries reported from participants at any of the events – despite the half marathon event coinciding with the hottest day of the year so far!
- The innovative food offerings from both the on-site caterers (Baxter Storey) and from Sanraj Indian Foods. Positive food comments were unusually high this year!
- The way in which the engineering team rallied around in a huge display of teamwork to resolve issues with some football and tennis club equipment.

Looking forward to the 2012 event, the overwhelming priority will remain to deliver an enjoyable, challenging and safe event. The Colworth 5 and Marathon Challenge weekend is an outstanding event that really shows what Colworth is about. All of the Str1ders are asked to help make the 2011 event even more successful than before. We can all do this, by:

- Participating, either on the organising committee, as a volunteer (e.g. marshal) during the event, or as a competitor.
- Encouraging friends and colleagues to enter and enjoy the event
- Supporting the new runner's group, who are all aiming to get 'fit for the 5'.

Please give some thought about how **you** can help support this year's event.

Andrew Evans, 2011 MCW Supremo.

### **Treasurer's Report.**

Balances well apart from a few outstanding (but accounted for) cheques.

Accounts are available to view on the [Str1ders Website](#).

Funding club entry into team events.

Tony feels for the Rotterdam trip should be targeted at Marathon Runners.

Allan suggested we should not be discouraging 10k runners.

Consensus was we should continue to pitch the trip as the Rotterdam Marathon weekend, but we should not discourage people from running the 10k.

Tony proposed we continue to cover the entry fees for Str1ders Teams entering events i.e. Thunder Run (~£250), RNR (~£500 inc fuel costs) – it was agreed to continue this so long as entry is open to all on the St1ders list.

It was noted another event, the Welsh Castles Relay could fit in this bracket, however entry for this year was limited to Unilever employees – Unilever PS covering the entry fee, no financial contribution being asked of the Str1ders. – However, we may wish to enter a Colworth Str1ders team in the future – entry criteria may need to be reviewed.

Use of Motorised Vehicles Colworth Striders (Guidance Document) – has been looked at in an un-official capacity by legally trained people – **Not a legal document** but it is proposed that this becomes the guidelines for all future events attended by Striders as a club activity.

Proposed by Tony (move point 3 to point1), seconded by Stuart Trevallion: Vote carried unanimously.

Treasurer's report and accounts proposed by Bill, Seconded by Trev.

### **Election of Officers.**

No change proposed by Allan, seconded by Malc

### **2012 Events**

Rotterdam / Brighton / London Marathons, April

Edinburgh Marathon, Mile, May

Colworth 5 Relay, Early 15<sup>th</sup> June 2012

MCW (Supremo for 2012 is Bill Shingleton)

22<sup>nd</sup> to 24<sup>th</sup> June.

Colworth 8 (September)

Colworth Triathlon (September) all encouraged to enter, a really good event to have a go at your 1<sup>st</sup> triathlon.

Chip Butty Run (December)

Cross Country Race (January 2011)

### **Club Awards**

**Club Champion:** Calculated by our one and only Time Lord, Trev Cook, from all sorts of events that Striders participate in over the year, excludes recent winners.

The 2012 Club Champion is Sam Windebank

**Striders Strider of the Year** – Nominations are:

- |              |  |
|--------------|--|
| Willie Young | For laying down his car in the line of duty<br>Not dwelling on the incident at the RNR too much, but taking that into account and the fact he was actually there as a non running participant, his contribution in Norfolk should be recognised. He also makes a huge contribution to the MCW as well. |
| Tony Dadd    | For his many contributions throughout the year, in particular the Colworth 5 + MCW, his continuing role as treasurer and encouragement to many in a whole range of different activities and events.  |
| Jon Hunt     | Not only does he do a fantastic job with the triathlon, and organising the "COWS", and coping with the rude comments from an angler, he lent me a wheel for my Big Woody", at very short notice, without which I would have been stuffed.  |

Mark Tinkler For his pace setting abilities and penchant for hanging back with the last man

- Winner is: **Mark Tinkler**

**Most Improved Strider: Nazanin Haseli Mashhadi**

**Multisporter of the Year: Stuart Warren**

**Newcomer of the year: Antonio Franco**

**The Alan Wooten Frisbee Award –**

- No voting this year, only one eligible candidate: Willie's car!

**Special award:** The Stig award goes to Zoe Sheffield!

**AOB**

1. Andy Hoddle would like to organise a Marathon, limited field of 40 individuals: As a Colworth Striders event.

Andy to put something together, conduct a feasibility study re risks and available facilities. To be discussed at a future date.

2. 30<sup>th</sup> Anniversary of the Colworth 5 this year.